

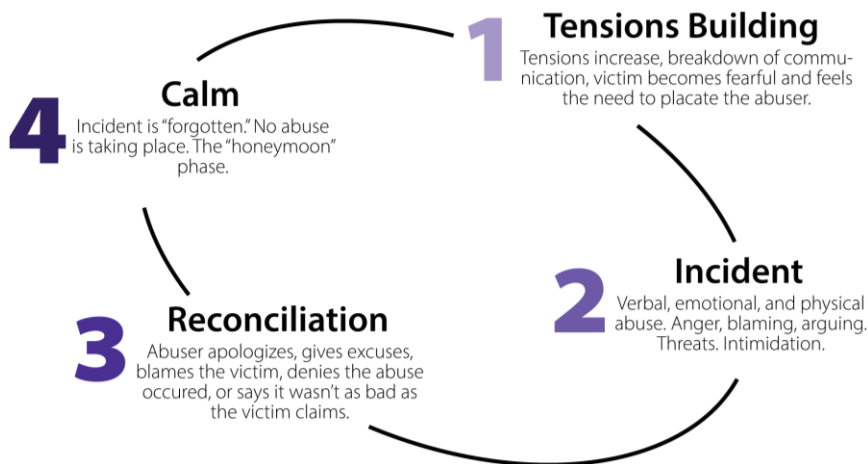
1 IN 11: PREVENTING DATING VIOLENCE

WARNING SIGNS

Abuse is a pattern of harmful, controlling behavior that someone uses toward their partner.

- Excessive calling & texting as to your whereabouts
- Isolation from family and friends
- Physically, emotionally, sexually abusive
- Threatens to hurt you and/or themselves if you leave the relationship
- Withholds money or credit cards
- Seeks control of the thoughts, beliefs and conduct of their partner
- Uses anger, alcohol/drug use, and stress as excuses for their behaviors

CYCLE OF ABUSE



SCAN TO LEARN MORE:

To schedule an event at your school, campus or organization, contact the Hampden District Attorney's Community Safety & Outreach Unit: Gina.Anselmo@mass.gov



FREE RESOURCES

YWCA

24 Hour Bilingual & Confidential Hotline

[413-733-7100](tel:413-733-7100)

Yworks.org

ALIANZA

24 Hour Bilingual & Confidential Hotline

[877-536-1628](tel:877-536-1628)

Alianzadv.org

NATIONAL DOMESTIC VIOLENCE HOTLINE

24 Hour Confidential Hotline

Online Chat Available

[1-800-799-SAFE](tel:1-800-799-SAFE)

thehotline.org

LOVEISRESPECT.ORG

Text: LOVEIS to 22522

A CALL FOR CHANGE HELPLINE

(Formerly 10 to 10)

Confidential & Anonymous helpline for people who use or are at risk of using abuse & control in their intimate relationships.

[10am-10pm daily](http://10am-10pm.daily)

[1-877-898-341](tel:1-877-898-341)